

2nd annual Run for the Animals 3K and the NEW 40 Yard Doggie Dash

April 24, 2010 Monmouth Battlefield State Park 3K- 10:15 Doggie Dash- 10:00

Managed by the Freehold Area Running Club



Get there about 45 minutes before

www.runanimals.zoomshare.com VISIT WEBSITE FOR ONLINE REGISTRATION.

2nd annual Run for the Animals 3K

April 24, 2010

THE MONMOUTH COUNTY SPCA



Dog awards: Winner of each category will win an award

Fastest dog: First dog to finish the Doggie Dash **Best Dressed Dog:** The dog that is dressed the best/coolest **Friendliest dog:** The friendliest dog at Run for the Animals 3K/ Doggie Dash.

Awards/age categories: (Male and female have separate categories)

Age groups: Overall, 5th grade and under, 6th grade, 7th grade, 8th grade, high school, adult 20-40, adult 40+

Awards: Top 3 male and female overall winners get trophies and medals, top 3 in each age group, male and female, get medals.

Benefiting THE MONMOUTH COUNTY SPCA

SPCA Mobile Adoption Unit @ run/walk. You can adopt a pet here!

FREE

- Fruit
- Bagels
- Munchkins
- Donuts
- Drinks
- Awards
- T-shirts
- Raffle
- Entertainment
- Energy Bars

ALSO

- Adopt a pet
- Be on TV
- great pictures
- get exercise
- see your friends
- water stop
- digital clocks
- scenic course
- save lives
- and more

What it is: A 3 kilometer (1.8 mile) run/walk to help stop animal abuse, and to save the lives of the homeless animals of the Monmouth County SPCA. There are two races, the 3k and the Doggie Dash. Dogs can run in both events, but only have to sign up for the doggie dash. Owners will run with their dog in the dash.

BRING YOUR DOG

Fees: The fee is \$9 for Run for the Animals 3K before April 1st, and after \$13. For the doggie dash, the fee is \$1

Contact race director Robert Murphy @ runfortheanimals@gmail.com, or 732-761-1945.

Mail to: 58 Cambridge rd, Freehold, NJ, 07728. Make check out to Run for the Animals 3K. \$9 before April 1st, \$13 after.

First & Last Name: _____ Age: _____ Age category: _____
 Payment (circle one) Cash Check Additional donation to SPCA (OPTIONAL) \$ _____ Gender (circle): Male Female
 Address, Town, Zip code, State: _____
 E-mail: _____ Phone: _____ T-shirt size (circle one): YM S M L XL XXL

Signing up a dog for the doggie dash?: Name of dog: _____ **Fee is \$1 for doggie dash**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work a race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and or humidity, the conditions of the road and traffic on the road, all such risk being know and appreciated by me. Having read this waiver and knowing these acts, and in consideration of your acceptance of my application for membership of myself and anyone entitled to act on my behalf, waiver and release the Monmouth Battlefield State Park and the Freehold Area Running Club and all sponsors, their representatives successors from all claims of liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons names in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other records of this event for any innate purpose.

Signature _____ Parent signature if under 18: _____ Date: _____

REMEMBER: DOGS MUST SIGN UP FOR DOGGIE DASH, BUT CAN ALSO RUN THE 3K FOR FREE